

Southern Home Grown's Good Vibes Village /Fresh Fire Holistic Medicine Lodge
 634 Mount Carmel Church Road
 Foxworth, Mississippi 39483
 www.southernhomegrown.com
 601-341-5835

TENTATIVE CLASS SCHEDULE

Tuesday's Monthly Schedule

Tiny Tunes Preschool Experience	1 st Tuesday morning.	-9:00-9:45am
Creative Play Course	1 st Tuesday morning.	-10:00-10:45am
Tadpole Explorer Dramatic Preschool Class	Every Tuesday morning	-11:00-11:45am
Froggy Astronauts Preschool Program	Every Tuesday and Thursday evening	- 1:00 - 1:45pm
Natural Childbirth - 6 week course	- Every Tuesday night for 6 weeks.	- 6:00 - 7:00 pm

Thursday's Monthly Schedule

Froggy Astronauts Preschool Program	Every Tuesday and Thursday evening	- 1:00 - 1:45pm
Basics of Birth Course - 4 week course	- Every Thursday night for 4 weeks.	- 6:00 - 7:00 pm

Friday's Monthly Schedule

Sibling Preparation Course	1 st Friday of every month.	- 6:00pm -7:00pm
Cloth Diaper 101	2 nd Friday of every month.	- 6:00pm-7:00pm
Life skills Course	2 nd Friday of every month.	- 6:00pm-7:00pm
Community Servicing	3 rd Friday of every month.	- 5:30pm-8:00pm

Saturday's Monthly Schedule

Breastfeeding Class - 4 week course	- Every Saturday morning for 4 weeks-	10:00 -10:45am
Birthday Club Birthday Circle Gatherings	1 st Saturday of every month	-11:00-11:45am
Forrest School 12 week Class	1 st Saturday of every month	- 12:00-12:45am
AHA BLS/ CPR/ First aid Courses	1 st Saturday of every month	-2:00-6:30pm
Sweat Lodge Therapy Sessions.	1 st Saturday of every month	-6:00pm-9:00pm
Prenatal circles	2 nd Saturday of every month	-11:00-11:45am
Herbal Course	2 nd Saturday of every month.	-12:00-12:45pm
Monthly community circle	2 nd Saturday of every month	-6:00-8:00pm
3 rd Saturday trades day	3 rd Saturday of every month	-9:00am-12:00pm
Village Event	3 rd Saturday of every month	-6:00pm-9:00pm

TENTATIVE CLASS SCHEDULE by category

MATERNITY CLASSES

Natural Childbirth – 6 week course - Every Tuesday night for 6 weeks. – 6:00 – 7:00 pm
Basics of Birth Course - 4 week course - Every Thursday night for 4 weeks. – 6:00 – 7:00 pm
Breastfeeding Class – 4 week course - Every Saturday morning for 4 weeks- 10:00 –10:45am
Sibling Preparation Course 1st Friday evening of every month – 6:00–7:00pm
Cloth Diaper 101 2nd Friday evening of every month – 6:00–7:00pm
Birthday Club Birthday Circle Gatherings 1st Saturday morn of every month–11:00–11:45am
Prenatal circles 2nd Saturday morn of every month–11:00–11:45am
Monthly circle 2nd Saturday night of every month–6:00–8:00pm

EARLY EDUCATION CLASSES

Creative Play Course 1st Tuesday morn of the every month–10:00–10:45am
Tiny Tunes Preschool Experience 1st Tuesday morn of the every month –9:00–9:45am
Tadpole Explorer Dramatic Preschool Class Every Tuesday morn. –11:00–11:45am
Froggy Astronauts Preschool Program Every Tuesday and Thursday evening - 1:00 – 1:45pm
Forrest School 12 week Class 1st Saturday morn of every month–. 12:00–12:45am

EDUCATION CLASSES

AHA BLS/ CPR/ First aid Courses 1st Saturday morn of every month–2:00–6:00pm
Life skills Course 2nd Friday evening of every month – 6:00–7:00pm
Herbal Course 2nd Saturday morn of every month–12:00–12:45am

FESTIVALS AND COMMUNITY OUTREACH

3rd Saturday trades day 3rd Saturday of every month –9:00am–12:00pm
Community Servicing 3rd Friday evening of every month – 5:30pm–8:00pm
Village Event 3rd Saturday of every month –6:00pm–9:00pm
Sweat Lodge Therapy Sessions. 1st Saturday evening of the month –6:00pm–9:00pm